

Susan Cook Maytorena, Ph.D., PLC

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EDUCATION: **Ph.D. in Clinical Psychology, 1998**, George Mason University, Fairfax, VA
M.A. in Psychology, 1995, George Mason University, Fairfax, VA
B.S. in Psychology, Summa Cum Laude, 1991, University of Arizona,
Tucson, AZ

LICENSURE & CERTIFICATES: Virginia Licensed Clinical Psychologist, 1999
District of Columbia Licensed Psychologist, 2002
Certificate in Forensic Evaluation, Institute of Law, Psychiatry, and Public
Policy, Charlottesville, Virginia, 2000

CLINICAL EXPERIENCE:

July 2002 to Present **Psychotherapist**, Independent Practice, Alexandria, Virginia

- Provide psychotherapy and consultation services to adults, adolescents, couples, and families.
- Special areas of interest include: psychodynamic and cognitive-behavioral psychotherapy with adults and couples; stress management; treatment of depression, anxiety, relationship issues, and personal growth issues.

October 1999 to November 2002 **Psychologist II/ Forensic Coordinator***, Northern Virginia Mental Health Institute, Falls Church, VA

- Provided forensic evaluations, court testimony, individual and group psychotherapy, initial diagnostic evaluations, psychological and neuropsychological assessments, and behavioral planning to adult mentally ill inpatients.
- Conducted interdisciplinary treatment planning.
- Provided clinical supervision to clinical psychology graduate students.
- Co-established critical incident stress management team to provide support to hospital staff in relation to patient assaults or other stressful incidents.
- Monitored and coordinated the provision of forensic services to inpatients acquitted not guilty by reason of insanity (NGRI).*
- Provided consultation to treatment teams and hospital administration regarding hospital and departmental regulations and Commonwealth statutory provisions as they relate to NGRI acquittees.*
- Reviewed all incoming court orders regarding NGRI acquittees for compliance with legal standards.*
- * *Forensic Coordinator duties from December 2000 to March 2002.*

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September 2000 to
May 2001

Psychotherapist, Potomac Center, Inc, Alexandria, Virginia

- Provided psychotherapy to adults, adolescents, and families on a part-time basis in a private practice setting.

July 1998 to
October 1999

Psychologist Senior, Eastern State Hospital, Williamsburg, VA

- Provided individual and group psychotherapy, initial diagnostic evaluations, psychological and neuropsychological assessments, and behavioral planning to adult mentally ill and dually diagnosed inpatients.
- Conducted interdisciplinary treatment planning.
- Supervised clinical psychology students and interns.

July 1997 to
June 1998

Psychology Intern, Eastern Virginia Medical School, Norfolk, VA

- Provided weekly outpatient psychotherapy at a community based psychological clinic.
- Provided psychological and neuropsychological assessment, individual, group, and family psychotherapy, and interdisciplinary treatment planning to patients of a physical medicine and rehabilitation unit.
- Provided individual and group psychotherapy, initial diagnostic evaluations, psychological and neuropsychological assessment, and interdisciplinary treatment planning to adult patients on an acute admissions psychiatric unit.

August 1996 to
May 1997

Psychology Extern, George Mason University Counseling Services, Fairfax, VA

- Provided short-term, individual psychotherapy and consultation to university students.

June 1996 to
June 1997

Neuropsychology Extern, Alexandria Mental Health Center, Alexandria, VA

- Conducted neuropsychological assessments for clients with HIV/AIDS for the purpose of assessing presence and extent of HIV dementia.
- Provided consultation for members of an interdisciplinary HIV/AIDS treatment team.
- Provided case management and counseling services to clients with HIV/AIDS.

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September 1995 to
May 1996 **Psychology Extern**, Northern Virginia Mental Health Institute, Falls
Church, VA

- Provided individual and group psychotherapy, intake evaluations, and psychological assessments to adult inpatients.
- Participated in interdisciplinary treatment planning, rounds, and community meetings.

RESEARCH EXPERIENCE:

September 1995 to
May 1998 **Graduate Dissertation**, Department of Psychology, George Mason
University, Fairfax, VA

Cook, S. E. (1998). Assumptive worlds, depression, and anxiety in trauma victims. Unpublished graduate dissertation, George Mason University, Fairfax, VA.

August 1994 to
May 1995 **Research Assistant**, Department of Psychology, George Mason University,
Fairfax, VA

- Conducted literature reviews in various areas of work/family interface, including childcare satisfaction, work/family balance, and role conflict.
- Participated in weekly research meetings.

January 1991 to
December 1991 **Senior Honors Thesis**, Department of Psychology, University of Arizona,
Tucson, AZ

Cook, S.E., Shisslak, C. M., & Crago, M. (1991). Comparison of risk factors for eating disorders in sorority versus non-sorority women. Unpublished undergraduate thesis, University of Arizona, Tucson, AZ.

August 1989 to
December 1989 **Research Assistant**, Department of Family Studies, University of Arizona,
Tucson, AZ (August 1989 - December 1989)

- Data coding and transfer for marital therapy outcome study.

TEACHING EXPERIENCE:

September 1993 to
May 1994 **Graduate Teaching Assistant**, Department of Psychology, George Mason
University, Fairfax, VA

- Taught undergraduate psychology memory and cognition laboratories.
- Taught students how to write papers in APA style.
- Supervised students in conducting original research project

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PROFESSIONAL MEMBERSHIPS:

American Psychological Association (including Division of Psychologists in Independent Practice and Division of Psychotherapy)

Virginia Psychological Association (including Virginia Academy of Clinical Psychologists and Northern Virginia Society of Clinical Psychologists)

Current member of the Virginia Psychological Association's Psychologically Healthy Workplace Committee

Past Vice President for the Northern Virginia Society of Clinical Psychologists

Past Continuing Education Committee Chair for the Northern Virginia Society of Clinical Psychologists

REFERENCES: Available Upon Request